

# There's More Than Meets the Eye

## VISION BENEFITS GO BEYOND EXAMS AND EYEWEAR

Did you realize the same routine eye exam that diagnoses visual problems often helps to detect early signs of illnesses such as diabetes, high cholesterol and even cancer? Left undiagnosed and untreated, symptoms can advance into serious medical conditions.

Having vision coverage can be a key influencer in motivating many people to seek a wellness eye exam.



## THE EYES HAVE IT

The eye's blood vessels are a mini-version of the body's circulatory system, making the eye an early warning system for overall health. A wellness eye exam serves as a noninvasive way to detect a wide number of serious medical conditions.

For example:

- Blurry vision, swollen and/or leaking blood vessels can suggest diabetes.
- Loss of peripheral vision, double vision, and swelling of the optic nerve can indicate a tumor.
- Subtle changes in the eye's retinal vessels may warn of a stroke.
- Small hemorrhages in the eye that lead to leaking blood vessels can point to leukemia.
- Thickened arteries and indentation of veins in the back of the eye can suggest high blood pressure.

There's more to vision coverage than meets the eye. Early identification can save lives, improve worker productivity and save medical claim dollars.

## BLOCK VISION COVERAGE CAN...

- Improve employee health and wellness
- Enhance employee productivity
- Improve employee satisfaction and retention
- Help to lower medical claim costs

## BLOCK VISION...YOU SHOULD SEE WHAT YOU'RE MISSING

When it comes to vision coverage, you should see what you're missing. We offer programs that make affordable eye care an integral part of a comprehensive health care benefit strategy. Let's see what we can do together. Give us a call at **1-800-243-1401** or e-mail [wellness@blockvision.com](mailto:wellness@blockvision.com).

## WARNING SIGNS FROM VISION EXAMS

A comprehensive eye exam can reveal early warning signs to many medical problems including:

- Diabetes
- High cholesterol
- Cancer
- Hypertension
- Rheumatoid arthritis
- Brain tumors
- Multiple sclerosis
- Lupus
- Thyroid disease

**block**  
VISION

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